GLUTEN FREE MENU



APPETISERS

Minced pork with lettuce - £8.50 per person - minimum 2 people

Minced vegetables with lettuce - £8.00 per person

Seaweed - £8.00

Chicken and Chinese mushroom soup - £7.50

MAIN COURSES

Chicken with spring onions and ginger - £16.00

Tai Chen chicken - £15.50

Pieces of succulent chicken breast stir fried in a hot and spicy chilli and Szechuan peppercorn sauce

Chicken with cashew nuts - £15.50

Monkfish with spring onions and ginger - £18.00

King prawns with cashew nuts - £17.50

King prawns with ginger & spring onions - £17.50
Sizzling king prawns served with the freshest spring onions and ginger in our house special sauce

VEGETABLES

Green beans - £9.00

Broccoli spears - £8.00

Mixed vegetables - £9.00

Beansprouts - £6.50

Egg fried rice - £5.50

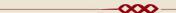
Plain boiled rice - £4.75

Sauteed potatoes - £8.50

ALLERGENS IN OUR FOOD



Celery, Fish, Nuts, Cereals containing gluten, Lupin, Peanuts, Crustaceans, Milk, Sesame seeds, Eggs, Molluscs, Soya, Mustard, Sulphur Dioxide.



If you have any special dietary requirements, please advise a member of staff and we will do our best to help.